



SUFFOLK & NORFOLK
School Centred Initial Teacher Training

Building leadership for resilience, wellbeing and retention in our schools: an information and training session for school leaders

Tuesday 7th March - 9.30am – 12.30pm SCITT Centre, University of Suffolk

Of the 21,400 who began teaching in English state schools in 2010, 30% had quit by 2015, the schools minister, Nick Gibb, confirmed in a written parliamentary answer (Guardian, October 24 2016).

It is therefore no surprise that many school leaders are grappling with some or all of the following:

- Major problems in recruiting teaching staff
- Ongoing issues with retaining new teachers
- Teachers expressing real concerns around excessive workload, work – life balance and stress
- Teachers wanting support around mental health issues
- Relentless pressure on standards and accountability
- Excessive pressures on your own time and emotional resources to manage your school leading to a decreasing quality of life
- Serious budget issues which affect the level of resources to deal with the above

This workshop takes on these issues through an exploration of the challenges we face in our schools and how a new focus on resilience and wellbeing for ourselves as leaders and our staff will start to re-orientate our efforts to creating schools which enhance professional support, trust and a collegial approach to running our organisations.

The session is led by Ian Flintoff, a former headteacher and now freelance trainer and coach. He has run a resilience and wellbeing course for all SCITT tuition primary and secondary trainees and a range of schools in East Anglia over the last 2 years, will share his own research insights and the findings from UK and international educational research. The session is designed to enable headteachers and senior staff to develop some thinking and practical strategies around how to promote resilience and wellbeing for staff – thus promoting retention. He will demonstrate some of the techniques he uses on his resilience programme.

There is no charge for the session and refreshments and a light lunch will be provided. If you would like to attend, please email Anna Richards (Suffolk and Norfolk SCITT Tuition Leader) anna.richards@suffolk.gov.uk to reserve your place.